



Leifani Christopherson

SERVICE PROVIDER

Out of the Wilderness

ABOUT

I live in Amery, WI with my husband, two teenagers, and two pups. I am an entrepreneur, educator, and youth mentor. I am passionate about partnering with individuals to identify life's obstacles and work collaboratively toward meaningful growth. I value authenticity and strive to create a space where people feel safe to speak openly and be themselves. I enjoy helping individuals recognize their strengths, develop confidence, and embrace their unique talents and abilities. By listening closely and understanding each person's story and background, I can provide individualized support and develop practical strategies that promote progress and purpose.

I grew up in a highly structured environment that lacked emotional connection, experiencing abandonment and rejection from a young age. These experiences, along with others, have given me a deep understanding of childhood trauma and its long-term effects. I spent many years in counseling, working through severe depression as an adolescent. Through that journey, I developed a strong belief that growth and healing are possible, even in difficult circumstances.

In my personal life, I have also navigated complex family challenges. One of my children has struggled with ADHD, which has deepened my understanding of executive functioning difficulties, emotional regulation, and the importance of advocacy and individualized support. I also experienced divorce from a spouse with bipolar disorder, which gave me firsthand insight into the impact of mental health challenges on family systems and the resilience required to move forward.

These experiences have strengthened my empathy and reinforced my commitment to supporting individuals and families as they work through adversity. I am passionate about helping people build resilience, recognize their strengths, and discover the good in themselves and in their lives.