



Staci Thommes

SERVICE PROVIDER

Out of the Wilderness

ABOUT

Hello, My name is Staci and I live in rural Wisconsin with my husband of over 30 years. We have two adult children and a son-in-law. I've lived a life of helping others, both professionally and through volunteer activities. As a professional, I spent over 20 years as a dental hygienist and college educator, then became a credentialed pastor, and years later, added holistic health coach to my qualifications. In my volunteer roles, I was very involved in short-term missions travel internationally for a number of years with a heart for helping where I could with those sometimes unable to help themselves. I then transitioned to more local efforts, spending time in prisons as a listening ear and working to guide incarcerated youth and women to a different life when they were released and free. I have had my own struggles with different kinds of freedom, specifically freedom from past emotional trauma, physical ailments, and a parent's alcoholism and mental health disorders. Breaking the chains each of those burdens had on me, along with my educational/professional development and life experiences, has prepared me to assist others searching for a new path and freedom from whatever is holding them back. I enjoy coming along side individuals, hearing their story, establishing relationships, and supporting them in their journey, whether it be through direct help in creating new habits or anecdotally through my past experiences.