



*Mark Smith*

## **SERVICE PROVIDER**

Out of the Wilderness

### **ABOUT**

My wife and I recently retired from teaching. I was a physical education teacher in the Forest Lake public school system. My philosophy is to teach students lifelong enjoyment through activity and the health and wellness components will follow. My family and I enjoy many outdoor activities. We paddle lakes and rivers in canoes or kayaks and nearly every year spend some time in the BWCA fishing. I grew up loving bicycles and now love to ride mountain bikes on single track trails and road bikes on weekend adventures. Our two adult children ( boy and girl ) also enjoy an active healthy lifestyle. When we are not on a bike, we like to travel. We probably explored hiking trails or camped in most states.

At this time in my life, Comprehensive Community Services is a great next step for me. My teaching experience and working with individuals who have experienced physical, mental, and emotional issues can offer support and assist CCS consumers to achieve more positive and independent functioning. I am excited to be a part of the program and look forward to serving those in need.

